



Moggy's Pictures

This activity is designed for you to do with your child.

Discuss with your child that you want them to think about different ways how words can be used in a positive and kind way.

Think about what Moggy's friends could have said in their messages, to be kind to Moggy, so that would have felt happy instead of sad and upset.

If needed, examples could be:

- Hey Moggy, you look like you are having the BEST time!
 - Look at his smile – he's really enjoying himself!
 - What a cool thing to do in the rain - GO MOGGY!

Use the following sheet as an example, and ask your child to think of 2 'kind' messages Moggy's friends could have sent to him.

When your child has completed this activity, talk about how kind, positive, supportive words can make someone feel happy and good about themselves - so ALWAYS remember to be kind.

Remind your child:

If they ever feel sad, mad, or angry about anything they hear about themselves, they should always talk to a grown-up they trust, because they will help them feel happy, safe and secure again.

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Think of 2 'kind' messages Moggy's friends could have sent to him.



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