



Saying Sorry Scenarios

Words can be very powerful!

Sometimes, either online or offline, we all do or say things that might upset or hurt others, even if we had no intention at all to make them feel like this. When this happens, it is SO important that we take responsibility and say sorry.

But sorry is not an easy thing to say! It can feel difficult, and if we don't say sorry in the right way, then it can make things worse.

The three different scenarios sheets (below) are how the animals said sorry to Moggy.

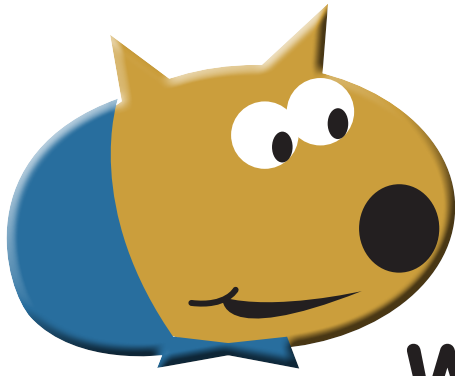
This activity is designed for you to do with your child.

Ask your child to look at the three different scenarios and figure out what sort of apology it was...

- What was 'good' about this apology?
- What was 'bad' about this apology?
- What could have made this a better apology?
- How would the apology have made Moggy feel?

Remind your child:

If they ever feel sad, mad, or angry about anything they hear about themselves, they should always talk to a grown-up they trust, because they will help them feel happy, safe and secure again.



Scenario 1

Weasel Says Sorry

Weasel: So, Moggy, my Mom says that I've got to say sorry to you for those What's Up messages the other day.

Moggy: Oh, ok. I was pretty sad about it.

Weasel: Whatever. So, even though I don't think I did anything wrong, I'm sorry.

Moggy: Err, thanks Weasel.

Weasel: You really shouldn't get so upset though – it was just a laugh!



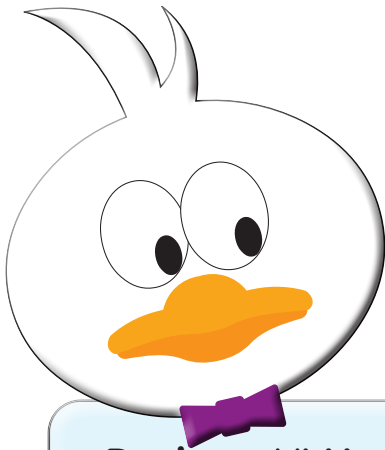
Now you have read the above apology - discuss your answers to the following questions:

What was 'good' about the apology?

What was 'bad' about this apology?

What could have made this a better apology?

How would the apology have made Moggy feel?



Scenario 2

Duck Says Sorry

Duck: Hi Moggy. How are you? I'm sorry about the other day. I heard you were really upset by our messages

Moggy: Yes, I was Duck. It felt like everyone was laughing at me and calling me names

Duck: Did it? Well, we didn't mean to make you feel like that. It was just a bit of fun. Honestly, I wouldn't worry about it too much if I were you. But I am sorry. Really, really sorry.

Moggy: Ok Duck, thanks for saying sorry.



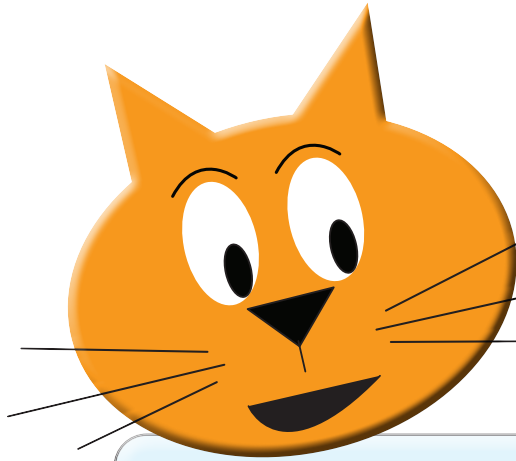
Now you have read the above apology - discuss your answers to the following questions:

What was 'good' about the apology?

What was 'bad' about this apology?

What could have made this a better apology?

How would the apology have made Moggy feel?



Scenario 3

Cat Says Sorry

Cat: Hello Moggy. I wanted to come and tell you how sorry I am about what I said in those messages the other day. I can see why you were upset by what we said – I feel bad about it.

Moggy: Thanks Cat. That means a lot. I was really sad about it because I thought you were all laughing at me.

Cat: I think I would have felt the same too. We were wrong to say what we did and not think about your feelings. I am very sorry, and I promise I will be more thoughtful in the future. I hope that you are feeling better about things now?

Moggy: Yes, I am Cat thank you. It has really cheered me up you coming to say sorry. Thanks!



Now you have read the above apology - discuss your answers to the following questions:

What was 'good' about the apology?

What was 'bad' about this apology?

What could have made this a better apology?

How would the apology have made Moggy feel?