



(Guidance for the following resource)

How to make friends

1. Making friends can be tricky
2. We have put a few ideas together, by talking to parents, carers, guardians and professionals, about how your child can make friends
3. You can add some of your own ideas too
4. Use whatever works best for your child
5. And, if you have any questions please contact us on:
info@dogduckandcat.co.uk

How to make friends

- Sit or stand next to someone - smile and say "Hello!"
- Tell them your name and ask them what their name is
- Ask if you can join in with their game or if they would like to play with you



- Start talking about what you are doing and see if they are interested too
- Find an activity that looks fun and start playing with those around you

- Ask what their favourite thing is and let them tell you about it
- Be kind and considerate

