



(Guidance for the following resource)

Who is allowed in my zone?

1. How close do we want someone to be to us?
2. Do we want someone in our personal space, or as someone described it to me, 'their zone'?
3. So, who is allowed in a person's zone?
4. We have put a little activity together to help with this, and we would like you and your child to learn this together (it might help you as well)
5. We have a sheet for you to use, but simply the advice is as follows:
6. Put your arms out, spin round, can you touch anyone?
7. If you can, do you want them that close to you?
8. We are looking at who can be close to us, or touch us, and why it's OK for some people and not everyone
9. You will make sure your child knows who can and cannot touch them and be close to them
10. Go back to the 'Greeting Strangers' section if you think that might be useful
11. The NSPCC 'Pants' programme is a popular resource, take a look and see what you think – <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>
12. And, if you have any questions please contact us on: info@dogduckandcat.co.uk

Who is allowed in my zone?



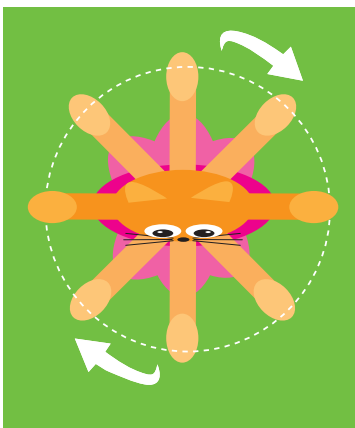
1. Stand up!



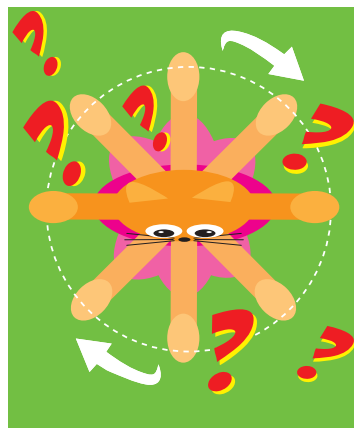
2. Put your arms out wide



3. Spin round sloooooowly!



4. You have just made a circle, now who is inside?



5. Is it just you, or is someone else there?



6. Do you want them that close?



7. If not, then say GO AWAY!
I do not want you here



8. This circle is just for me,
not you and me!



"MY ZONE IS JUST FOR ME!"