



# Safe Contact

**Humans need contact with others to survive and thrive.**

These are some of the ways we all have contact with others:





## SAFE TOUCHING

I do not have my early warning signs when I **feel safe** touching someone or if they are touching me and we are following the 'rules'. I have a choice about who I invite into my personal space and we both agree this is okay and feels safe for both of us.

And I can change my mind if I don't feel safe with this person anymore.



## UNSAFE TOUCHING

I will have my **early warning signs** if someone touches me and **it is not okay**.

**I did not agree** that it was okay for them to touch me, so I will tell a trusted adult immediately.

I do not have the right to touch someone else if they don't want me to.