



# Star Qualities

Talk about the star qualities someone needs to have so that you feel able to talk to them about a worry or share how you are feeling.

Write down 5 of these 'star qualities' below.

A large, central starburst graphic made of many small yellow stars and radiating lines. Overlaid on this graphic are five large, outlined star shapes arranged in a cross pattern. Each of these five stars has a horizontal dotted line across its middle, serving as a writing area for the 'star qualities' mentioned in the text above.